Year C - 7th Sunday in Ordinary Time
Luke 6:27-37

Be merciful as your Father is merciful.

Jesus said to his disciples:
"This is what I say to all who will listen to me:
Love your enemies,
and be good to everyone who hates you.
Ask God to bless anyone who curses you,
and pray for everyone who is cruel to you.
If someone slaps you on one cheek,
don't stop that person from slapping you on the other cheek.
If someone wants to take your coat,
don't try to keep back your shirt.
Give to everyone who asks
and don't ask people to return what they have taken from you.
Treat others just as you want to be treated.
"If you love only someone who loves you,
will God praise you for that?
Even sinners love people who love them.
Even sinners are kind to people who are kind to them.
If you lend money only to someone you think will pay you back,
will God be pleased with you for that?
Even sinners lend to sinners
because they think they will get it all back.
"But love your enemies and be good to them.
"Lend without expecting to be paid back.
Then you will get a great reward,
and you will be the true children of God in heaven
He is good even to people who are unthankful and cruel.
Have pity on others,
just as your Father has pity on you.
Don't judge others,
and God will not judge you.
Don't be hard on others,
and God will not be hard on you.
Forgive others,
and God will forgive you."



Year C - 7th Sunday in Ordinary Time
Luke 6:27-37

Treat others as you would like to be treated

Introduction

- Ask the children to list some of their favourite superheroes. Then ask if they can remember who the bad guys are who fight against the superheroes. eg Like The Avengers v Thanos, Superman v Lex Luther, or Batman v The Joker. These are their enemies, the people who work and fight against them.

Message



- For us, we don't really have enemies like this, so when we listen to the Gospel it can be hard to think about what it means for us on our life today.
- But although we don't have enemies like our favourite superheroes do, we still have people who we don't like very much or people who hurt us, whether they mean to or not.
- These are the people Jesus is asking us to love today. It can be easy to love the people who are kind to us and who love us, but it can be really hard to love those who don't.
- You could say it takes a superpower - a super amount of forgiveness, a super amount of kindness and a super amount of love to do.
- The good news is - we don't have to do this alone! Jesus has promised us that he is with us always, especially when we love others.
- He knows exactly what it is to love his enemies. The people who sentenced him to death, the people who nailed him to the cross, the people who laughed at him - he loved them all.
- So when we are trying really hard to love others, we can turn to Jesus and ask him to help turn our love into a superpower.

Discussion

- What makes it hard to love others?
- What are the things we do that might make it hard for people to love us?
- Do you think some people are unlovable or an everyone be loved?