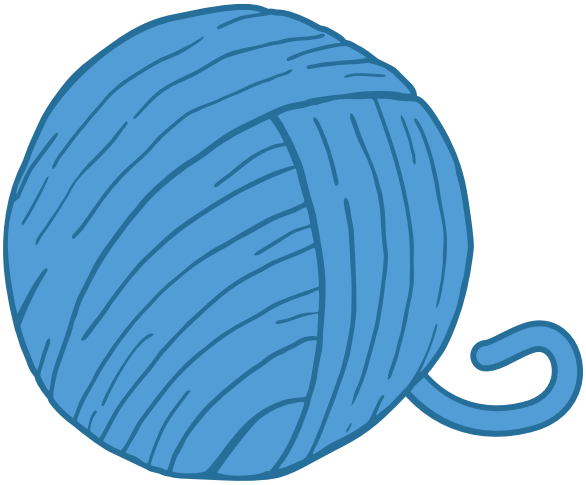
Year C - 4th Sunday in Ordinary Time
Luke 4:21-30

Our Promises

Overview

Background idea: We can celebrate and affirm others to help build them up, and we can pray for them to build them up to. You will need a ball of wool.



- Gather the children in a circle and explain that for the prayer time we will be praying for each other.
- The leader can go first to model how it's done.
- Choose someone in the group and say a prayer for them (you can use the one below as an example) and then throw the ball of the wool to them while holding onto a piece.
- That person then picks someone else, pray for them and throw the ball while holding onto a part of the sting of wool.

- Keep going, praying for someone else who hasn't been prayed for yet (you can tell who hasn't been prayed for yet because they won't be holding onto a piece of wool).
- By the end, once each person has been prayed for the lines of wool should be connecting each person in the circle You can draw on this as analogy, how lifting one person up can lift up each of us.

Prayer

Jesus, thank you for (name). Thank you for how kind and how loving they are. May (name) know how loved they are and how much you treasure them Please bless them and send your Spirit to them today. Amen.