Year C - 3rd Sunday in Ordinary Time
Luke 4:14-21

Our Promises

Overview

God has promised to love us and be with us always. In today's prayer you can encourage the children to make a promise back to God. Share your own story of when you made a promise to God and it's impact on your life.



Our Promises

Invite the children to write down a note to Jesus about a promise they want to make. It could be a promise to:

- love Jesus
- try to follow Him everyday
- to love others like Jesus loves them
- try to be a better person everyday

Ask the children to lay these promises down at a cross as a symbol of handing them over to Jesus.

Alternatively you could focus on the promise God has made to love us and ask the children if they would like to make that promise with God. If so they can say a prayer in their heart and then carefully light a candle from 'Jesus' candle' as a sign of the promise they have made with Him.