Year B - Second Sunday of Lent
Mark 9:2-10

Jesus shone!

Background

- This activity provides an opportunity to reflect on the change that came over Jesus when he was transfigured.



You will need

- A glow stick for each child (preferably bigger ones)
- Black sharpies

Instructions

- Either with the children, or prior to the session, write the name of 'JESUS' on each of the glow sticks.
- Recall the story of the transfiguration with the children and talk about the change that came over Jesus.
- Together, activate the glowsticks and see how 'Jesus' shines.
- You might like to connect this activity with the prayer on the next page.

Check out these Lent ideas for kids

- Lots of ideas to engage the children and families of your parish or community are available on the children and families page. Including an interactive Lenten calendar! Just scan the code below.

