Year B - First Sunday of Lent
Mark 1:12-15

Jesus was tempted by Satan, and the angels looked after him.

Right away God's Spirit made Jesus go into the desert.
He stayed there for forty days while Satan tested him.
Jesus was with the wild animals, but angels took care of him.
After John was arrested, Jesus went to Galilee and told the good news that comes from God.
He said, "The time has come! God's kingdom will soon be here.
Turn back to God and believe the good news!"



Year B - First Sunday of Lent
Mark 1:12-15

A time to be like Jesus so we can be like Jesus

Introduction

- Have you ever had some good news? What was it? How did it make you feel?

Message

- The scripture from Mark tells us about the start of Jesus mission.
- One of the ways Jesus prepared for his mission was by spending time praying and fasting in the desert. He was tested there but the angels cared for him.
- When his 40 days was complete, he began his mission.
- There is a clue in the scripture about what his mission was... he said “The time has come! God's kingdom will soon be here. Turn back to God and believe the good news!"
- During Lent we turn back to God in three ways: prayer, fasting and almsgiving.
- It’s a time to be with Jesus so that we can be like Jesus and share in his mission to tell others the Good News!

Discussion questions



- Begin by checking with the children if there are any words or phrases that they don’t understand.
- Jesus came to give us the Good News - what is the Good News that Jesus told everyone? (God’s Kingdom will soon be here!).
- Why do you think that news is so good? (Because God’s kingdom is a place of goodness, peace, unity etc).
- God’s Kingdom isn’t something that is far away in the future. God’s kingdom is also coming now in our time. We help God’s Kingdom to come through the way we love God and love others.
- What does Jesus ask us to do? Jesus asks us to turn back to God and believe.