Year B - First Sunday of Lent
Mark 1:12-15
Prayer mat for Lent

Background

During Lent, we journey with Jesus in three particular ways.

- We pray and spend time with God.
- We fast to make space for God.
- We give alms to share God's love for others.

This craft invites kids to make a prayer mat for Lent that will remind them of those three ways we journey with Jesus through this season and encourage them to pray personally each day.

You will need

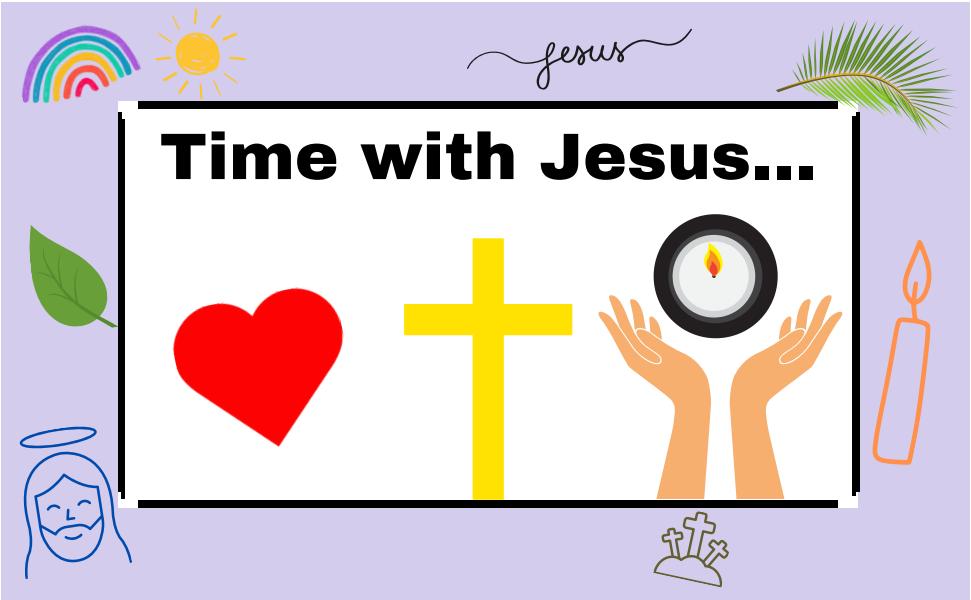
- A print out of the template on the next page - one for each child (we suggest printing these on card or laminating them afterwards).
- Coloured pens and pencils.

Optional

- Give the children a battery operated tea light candle to go on their prayer mat.

Instructions

- Give the children a template each and invite them to decorate the boarder as they wish.
- If doing so, laminate the mats and provide battery operated tea light candles.



Time with Jesus...

