

Year A - Feast of Our Lord Jesus Christ King of the Universe

Matthew 25:31-46

Act it Out



Background This activity aims to teach children that about ways they can have compassionate hearts in the small everyday moments where they have to make choices.

- Instructions**
- Ask children to sit in a circle.
 - Choose two volunteers to go first and read out one of the below scenarios. After reading ask the two volunteers to act out the end to this scenario asking them to act with compassionate hearts.
 - Once they have finished ask them to return to the circle and get them to explain why they made the decisions they did and how they used compassionate hearts.
 - Repeat this process until everyone in the group has had a turn:
 - You are playing with friends at lunchtime. You notice a person alone who seems sad.
 - Your mum is working hard to get dinner on the table.
 - Someone fell down and hurt themselves.
 - Your brother or sister is sick.
 - Your friend is over at your house for the first time and really wants to play with your favourite toy.
 - You notice a homeless person as you walk through the city.
 - You notice a person on crutches struggling to open a door.
 - A friend of yours had their pet dog die.

Debrief

When we have compassionate hearts for others we are living like Jesus. All it takes is a small action or thought to help and care for others in meaningful ways. How can you encourage others to do the same?

