

Year A - Feast of All Saints

Matthew 5:1-12

Rejoice and be glad, for your reward will be great in heaven.



When Jesus saw the crowds,
he went up on the side of a mountain and sat down.
Jesus' disciples gathered around him, and he taught them:

"God blesses those people who depend only on him.

They belong to the kingdom of heaven!

"God blesses those people who grieve.

They will find comfort!

"God blesses those people who are humble.

The earth will belong to them!

"God blesses those people who want to obey him
more than to eat or drink.

They will be given what they want!

"God blesses those people who are merciful.

They will be treated with mercy!

"God blesses those people whose hearts are pure.

They will see him!

"God blesses those people who make peace.

They will be called his children!

"God blesses those people who are treated badly for doing right.

They belong to the kingdom of heaven.

"God will bless you when people insult you, mistreat you,
and tell all kinds of evil lies about you because of me.

Be happy and excited!

You will have a great reward in heaven."



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God bless those who...



Introduction

- Today we celebrate All Saints Day, a special day when we remember all the saints. Saints are people who loved God, followed Jesus, and showed God's love to others. Some saints are famous, like St Francis or St Mary MacKillop, but many saints are ordinary people whose names we may never know. What made them special was that they trusted God and tried to live the way Jesus taught.

Message

- In today's Gospel, Jesus gives us the Beatitudes. These are like a guide for living God's way. Jesus says that people are blessed when they are humble, kind, merciful, peaceful, and faithful, even when things are difficult.
- The saints showed these Beatitudes in their everyday lives. They cared for people who were lonely, forgave others, stood up for what was right, and trusted God through good times and hard times. They were not perfect, but they kept trying to follow Jesus.
- The good news for us is that Jesus is calling us to do the same. We do not have to perform miracles or be famous to be saints. Every time we choose kindness, forgiveness, peace, or compassion, we are walking in the footsteps of the saints and becoming more like Jesus.
- Today, as we remember all the saints, let us ask God to help us live the Beatitudes and share His love with everyone we meet.

Discussion

- What do you think it means to be "blessed"?
- Which Beatitude stood out to you the most? Why?
- What is one thing Jesus is teaching us through the Beatitudes?
- How do the Beatitudes help us understand how the saints lived?
- Can you name a saint you know? What did they do to follow Jesus?
- Which Beatitude would you like to practise this week?

