

Year A - 33rd Sunday in Ordinary Time

Matthew 25:14-15, 19-21

Use your fingers to pray



Overview

One way to show that we serve God in our life is to pray for ourselves and other people. Pope Francis has a very simple prayer that we can use. Each finger reminds us of people for whom we can pray.

Prayer

Before praying, place the children's 'hands' in the centre of the prayer space

- Start in the Sign of the Cross.
- **Thumb:** *The thumb is the closest finger to you. So start praying for those who are closest to you. This is often family and friends. Think of their needs and pray for them.*
- **Index finger:** *Pray for those who teach, instruct, and heal you. They need the support and wisdom to show **direction** to others. Always keep them in your prayers.*
- **Middle finger:** *This is the tallest finger and reminds us of our **leaders**, the politicians and those who have authority. They need God's guidance.*
- **Ring finger:** *This is our **weakest** finger and reminds us to pray for the weakest, the sick, and those plagued by problems. They need our prayers.*
- **Little finger:** *The pinkie reminds us to pray for ourselves. When you have finished praying for the other groups, you will be able to see your own needs but in the proper **perspective**, and also you will be able to pray for your own needs in a better way.*

