

Year A - 30th Sunday in Ordinary Time

Matthew 22:34-40

Words and actions



Overview

This action prayer will help the children to learn, remember and pray with Jesus two special rules. Practice it a couple of times and then pray it as a prayer together.

WORDS	ACTIONS
Dear Jesus,	<i>hands in a prayer</i>
Help me	<i>bow a little</i>
To love the Lord my God	<i>hands raised</i>
With all my heart	<i>hands crossed over heart</i>
With all my soul	<i>move arms over and round</i>
With all my mind	<i>touch fingertips to temples</i>
And help me	<i>bow a little</i>
to love others	<i>'open' arms</i>
as much as I love myself.	<i>hands crossed over heart</i>
Amen	<i>hands in a prayer</i>