

# World day for grandparents and the elderly

## St Anne and St Joachim prayer cards

World Day for grandparents and the elderly coincides with the feast of St Anne and St Joachim. According to Catholic tradition, St Anne and St Joachim were the parents of Mary and therefore, grandparents to Jesus. While their names are not mentioned in the canonical bible, they are celebrated as models of faithful parents who raised their daughter to know and love God.

Together, they are the patron saints of grandparents and their feast is celebrated on 26<sup>th</sup> July each year.

Below is are two saints cards for you to choose from, that you may wish to share with the grandparents and elderly in your faith community.

### Instructions:

- Download the image.
- Print as a picture (alternatively, have them printed as photos through your local store).



World Day for Grandparents and the Elderly 2026



Saint Joachim & Saint Anne  
Pray for Us

WORLD DAY FOR GRANDPARENTS AND THE ELDERLY 2026



**SAINT JOACHIM & SAINT ANNE  
PRAY FOR US**