

Year A - 12th Sunday in Ordinary Time

Matthew 10:26-33

Do not be afraid



Overview

This simple prayer experience invites the children to remember Jesus' message today - Do not be afraid: put yourself in God's hands.

You will need

- The children's cards from the day's craft activity.

Prayer

- Invite the children to make the Sign of the Cross.
- Remind them of Jesus' words that they heard today. *'Don't be afraid of anyone! Don't be afraid of people. So don't be afraid!'*
- Give the children time to think about the fact that Jesus tells us three times "Do not be afraid" so this must be a very important message.
- Invite the children, if they wish to, to pray the prayer on their card either out loud or in the silence of their heart.
- Finish by praying the Our Father together.
- The children can take their card home and place it in their prayer space or somewhere special and continue to remember *Do not be afraid: put yourself in God's hands!*

