

Year A - 6th Sunday of Easter

John 14:15-21

Guided Meditation



Overview

This simple prayer experience invites each of the children to think about how they are one with Jesus

You will need

The completed sentences from the craft activity.

Prayer

- Invite the children to make the Sign of the Cross.
- Invite the children, if they wish, to take one of the completed sentences.
- Remind them of Jesus' words that they heard today '...you are one with me, and I am one with you.'
- Give the children time to think about what it means for them that they are one with Jesus, and that Jesus is one with them
- Leader to lead the prayer
- Finish by praying the Our Father together.
- The children can take their scripture sentence home and place it in their prayer space or somewhere special as a reminder that they are one with Jesus.

... you are one
with me, and I am one
with you.

Dear Jesus,
thank you for reminding
me that you are one with
me , and I am one with you.
May people see you in me
by my words and actions.
Amen

And because
I live, you will live.

If you love me,
you will do as
I command.