
PENANCE PREPARATION AT A GLANCE

HOW PREPARATION COULD LOOK IN A PARISH

- Step 1 **Consult** the [Organising Penance in your Parish](#) checklist found on the [Flame of Faith website](#)
- Step 2 Facilitate **Parent Session** - include information adult formation for the Sacrament of Eucharist, information about preparation in the parish, and prayer
- Step 3 **Rite of Enrolment** - children are formally enrolled at the parish Masses over a weekend
- Step 4 **Parish preparation** (this is a 4 week process) - activities that children can do in small groups with their peers or with their parents using a resource such as the Archdiocesan Ministries [my sacramental journey: Penance](#) (with Parent Guide) or [Liturgy Brisbane Our Family Prepares: Penance](#).
- Step 5 **Parish Workshop/Retreat** - a time for catechesis and encounter through games, crafts, activities and prayer
- Step 6 **Celebrate First Rite for Reconciliation** - when children are ready, parent bring their child/ren to the parish for First Rite for Reconciliation.
- Step 7 **Continue the journey** - stay connected to families through email, social media and the parish website. What parish activities can you invite families to? Invite young people to become involved in ministries of the church such as altar serving, choir, welcoming and hospitality, kids club / youth group.



*Archdiocesan Ministries is available to support your parish during all the planning phases.
Sacramental preparation is a collaborative process - parish based, family centred
and school supported*