
CONFIRMATION PREPARATION AT A GLANCE

HOW PREPARATION COULD LOOK IN A PARISH

- Step 1 **Consult** the [Organising Confirmation in your Parish](#) checklist found in the Flame of Faith resources.
- Step 2 Facilitate **Parent Session** - include information adult formation for the Sacrament of Confirmation, information about preparation in the parish, and prayer
- Step 3 **Rite of Enrolment** - children are formally enrolled at the parish Masses over a weekend
- Step 4 **Family Activities** (this is a 3 to 4 week process) - family friendly, simple activities that parents can do with their children using a resource such as the Archdiocesan Ministries [my sacramental journey: Confirmation](#) (with [Parent Guide](#)) or Liturgy Brisbane *Our Family Prepares: Confirmation*.
- Step 5 **Giving of the Creed** - present children with the creed at one Sunday mass, either in the form of the [Apostles Creed or Renewal of Baptismal Promises](#).
- Step 6 **Parish Workshop/Retreat** - a time for catechesis and encounter through games, crafts, activities and prayer
- Step 7 **Practice** - an opportunity to lead children and parents through the rich Rite of Confirmation
- Step 8 **Celebration of the Sacrament of Confirmation!**
- Step 9 **Continue the journey** - stay connected to families through email, social media and the parish website. What parish activities can you invite families to?
[my sacramental journey: from Confirmation to Eucharist](#) is a journal for children to continue to reflect on the presence of the Holy Spirit in their lives after receiving the Sacrament of Confirmation



Archdiocesan Ministries is available to support your parish during all the planning phases. Sacramental preparation is a collaborative process - parish based, family centred and school supported

