



INTRODUCTION

There are many beautiful prayers that Catholics pray together.

This activity provides a number of ways to share these with families throughout preparation for Confirmation.

ACTIVITY OPTIONS INCLUDE:

- Prayer Cards
 - Print the b&w prayer card template (preferably on card) and have the children cut and decorate each card.
 - OPTIONAL: Cards may then be laminated.. Then, punch a hole in the left hand corner of each card and secure them together with a keyring.
 - A coloured version of the prayer cards is also included.
- Little book of Prayers
 - Print the Little book of prayers templates (print on A3 to create a bigger finish product)
 - Follow the directions on the back of the template to fold the page into booklet form.
 - Invite children to personalise their Little book of Prayers.



PRAYER'S FOR KIDS

and their
families!

SIGN OF THE CROSS

In the name of the Father,
and of the Son,
and of the Holy Spirit.

Amen

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THE LORD'S PRAYER

Our Father who art in
heaven, hallowed be thy
name; thy kingdom come,
thy will be done on earth
as it is in heaven. Give us
this day our daily bread, and
forgive us our trespasses, as
we forgive those who
trespass against us; and lead
us not into temptation,
but deliver us from evil.

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GLORY BE TO THE FATHER (DOXOLOGY)

Glory be to the Father,
and to the Son
and to the Holy Spirit.
As it was in the beginning,
is now, and ever shall be,
world without end. Amen.

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APOSTLES' CREED

I believe in God,
the Father almighty,
Creator of heaven and earth,
and in Jesus Christ, his only Son, our Lord,
who was conceived by the Holy Spirit,
born of the Virgin Mary,
suffered under Pontius Pilate,
was crucified, died and was buried;
he descended into hell;
on the third day he rose again from the dead;
he ascended into heaven,
and is seated at the right hand of God the Father
almighty; from there he will come to judge the
living and the dead.

I believe in the Holy Spirit,
the holy catholic Church,
the communion of saints,
the forgiveness of sins,
the resurrection of the body,
and life everlasting. Amen.

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PRAYER TO THE HOLY SPIRIT

Come, Holy Spirit,
fill the hearts of your faithful.
And kindle in them the fire of your love. Send
forth your Spirit and they shall be created.
And you will renew the face of the earth.

Lord,
by the light of the Holy Spirit
you have taught the hearts of your faithful.
In the same Spirit help us to relish what is
right and always rejoice in your consolation.
We ask this through Christ our Lord.
Amen.

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HAIL MARY

Hail Mary, full of grace,
the Lord is with you;
blessed are you among
women, and blessed is the
fruit of your womb, Jesus.
holy Mary, mother of God,
pray for us sinners now and
at the hour of our death.

Amen.

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PRAYER TO THE HOLY SPIRIT

Breathe in me, Holy Spirit
so my thoughts will be holy.

Act in me, Holy Spirit
so my actions will be holy.

Rest in my heart, Holy Spirit
so I can love what is holy.

Strengthen me, Holy Spirit
so I can defend what is holy.

Protect me, Holy Spirit
so I can be holy.

Amen

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PRAYER OF SORROW

O my God, I am sorry
that I have sinned against you,
because you are so good,
and with your help
I will not sin again.

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BLESSING BEFORE MEALS

Bless us, O Lord,
and these your gifts
which we are about to receive
from your goodness.
Through Christ our Lord. Amen.

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PRAYING THE NAME OF JESUS

Close your eyes and settle your body into a
comfortable position. Take a few gentle breaths then
begin to repeat the name 'Jesus' over and over for
as long as you like.

Jesus

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PRAYING 'COME HOLY SPIRIT'

Close your eyes and settle your body into a
comfortable position. Take a few gentle breaths then
begin to repeat 'Come Holy Spirit' over and over
for as long as you like.

Come Holy Spirit

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PRAYER'S FOR KIDS

and
their
families



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SIGN OF THE CROSS



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THE LORD'S PRAYER

Our Father who art in heaven, hallowed
be thy name; thy kingdom come,
thy will be done on earth
as it is in heaven.

Give us this day our daily bread,
and forgive us our trespasses,
as we forgive those who trespass against
us; and lead us not into temptation,
but deliver us from evil.

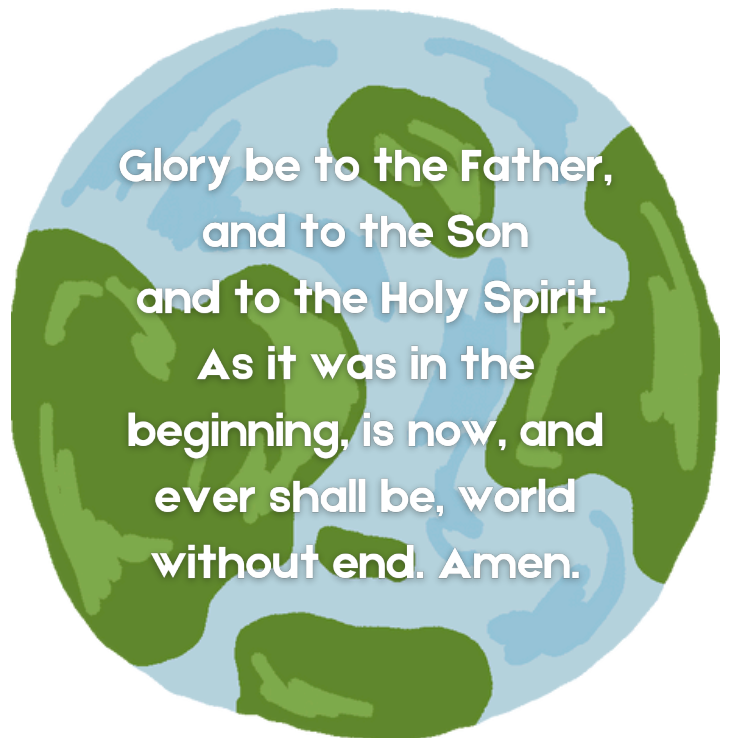


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GLORY BE TO THE FATHER (DOXOLOGY)

Glory be to the Father,
and to the Son
and to the Holy Spirit.

As it was in the
beginning, is now, and
ever shall be, world
without end. Amen.



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HAIL MARY

Hail Mary, full of grace,
the Lord is with you;
blessed are you among
women, and blessed is the
fruit of your womb, Jesus.

Holy Mary,
mother of God,
pray for us
sinners now and
at the hour of
our death. Amen.



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PRAYER OF SORROW

O my God, I am sorry
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you, because you are so
good, and with your help
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PRAYER TO THE HOLY SPIRIT

Come, Holy Spirit,
fill the hearts of your faithful.
And kindle in them the fire of your love.
Send forth your Spirit and they shall be
created.
And you will renew the face of the earth.

Lord,
by the light of the Holy Spirit
you have taught the hearts of your
faithful.
In the same Spirit help us to relish what
is right and always rejoice in your
consolation.
We ask this through Christ our Lord.
Amen.

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ST AUGUSTINE'S PRAYER TO THE HOLY SPIRIT

adapted for kids

**Breathe in me, Holy Spirit
so my thoughts will be holy.**

**Act in me, Holy Spirit
so my actions will be holy.**

**Rest in my heart, Holy Spirit
so I can love what is holy.**

**Strengthen me, Holy Spirit
so I can defend what is holy.**

**Protect me, Holy Spirit
so I can be holy.**

Amen

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APOSTLES' CREED

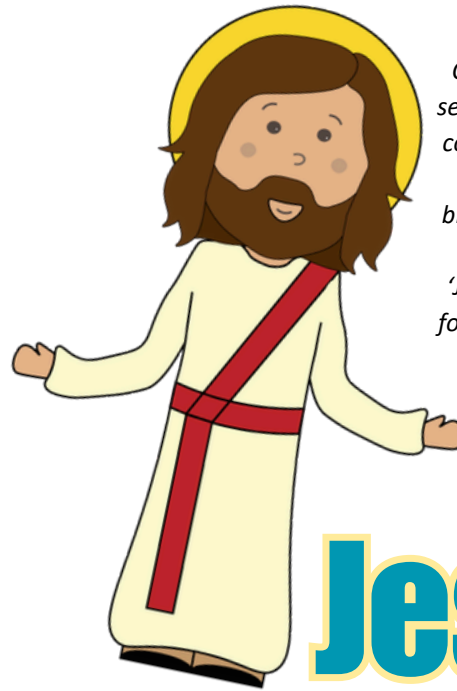
I believe in God,
the Father almighty,
Creator of heaven and earth,
and in Jesus Christ, his only Son, our Lord,
who was conceived by the Holy Spirit,
born of the Virgin Mary,
suffered under Pontius Pilate,
was crucified, died and was buried;
he descended into hell;
on the third day he rose again from the dead;
he ascended into heaven,
and is seated at the right hand of God the
Father almighty; from there he will come to
judge the living and the dead.

I believe in the Holy Spirit,
the holy catholic Church,
the communion of saints,
the forgiveness of sins,
the resurrection of the body,
and life everlasting. Amen.



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PRAYING THE NAME OF JESUS



*Close your eyes and
settle your body into a
comfortable position.
Take a few gentle
breaths then begin to
repeat the name
'Jesus' over and over
for as long as you like.*

Jesus

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BLESSING BEFORE MEALS

**Bless us, O Lord,
and these your gifts
which we are about to
receive from your goodness.
Through Christ our Lord.
Amen.**



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PRAYING 'COME HOLY SPIRIT'

*Close your eyes and settle your body into a
comfortable position. Take a few gentle breaths
then begin to repeat 'Come Holy Spirit' over and
over for as long as you like.*

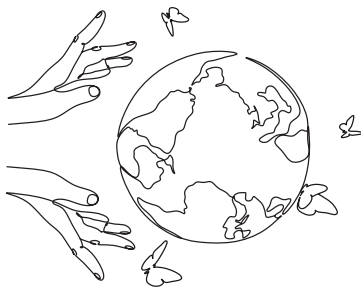
Come Holy Spirit

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FOR KIDS PRAYERS

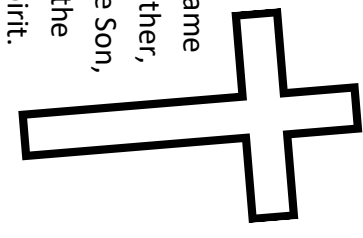
And their families

Our Father, Who art in Heaven,
hallowed be Thy name;
Thy Kingdom come, Thy will be
done on earth as it is in
Heaven. Give us this day our
daily bread; and forgive us our
trespasses as we forgive those
who trespass against us; and
lead us not into temptation,
but deliver us from evil. Amen.



Glory be to the Father and to
the Son and to the Holy Spirit.
As it was in the beginning, is
now and ever shall be, world
without end. Amen.

THE SIGN OF THE CROSS



In the name
of the Father,
and of the Son,
and of the
Holy Spirit.
Amen.

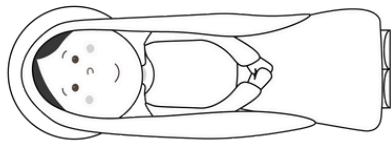
APOSTLES CREED

I believe in God, the Father
Almighty, Creator of Heaven and
earth; and in Jesus Christ, His only
Son, Our Lord, Who was
conceived by the Holy Spirit, born
of the Virgin Mary, suffered under
Pontius Pilate, was crucified; died,
and was buried. He descended
into Hell; the third day He arose
again from the dead;
He ascended into

PRAYER TO THE HOLY SPIRIT

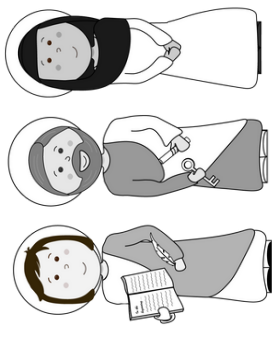


Breathe in me, Holy Spirit
so my thoughts will be holy.
Act in me, Holy Spirit
so my actions will be holy.
Rest in my heart, Holy Spirit
so I can love what is holy.
Strengthen me, Holy Spirit
so I can defend what is holy.
Protect me, Holy Spirit
so I can be holy



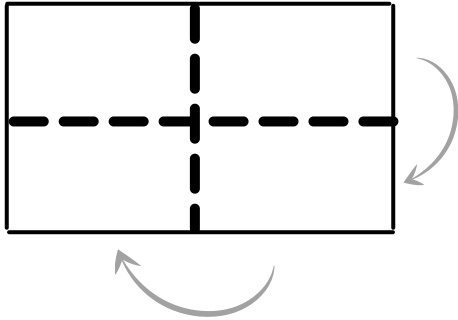
HAIL MARY

Hail Mary full
of grace, the
Lord is with
with thee. Blessed are you
among women and blessed is
the fruit of your womb Jesus.
Holy Mary, Mother of God, pray
for us sinners, now and at the
hour of our death. Amen

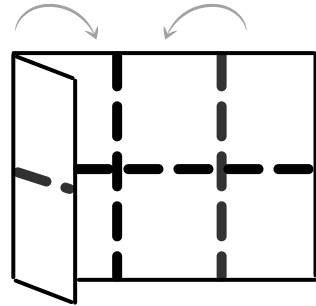


Heaven, sits at the right hand of
God, the Father Almighty; from
there He shall come to judge the
living and the dead. I believe in
the Holy Spirit, the holy Catholic
Church, the communion of saints,
the forgiveness of sins, the
resurrection of the body, and the
life everlasting. Amen

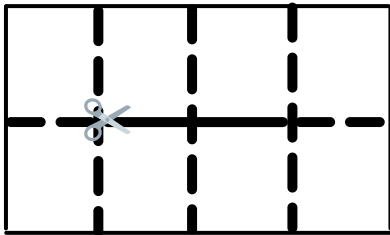
Step 1: Fold your A4 piece of paper into quarters and crease well from both sides of the paper



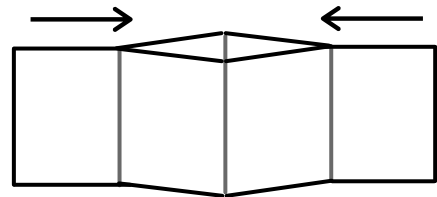
Step 2: Fold sides into the middle and crease well from both sides of the paper.



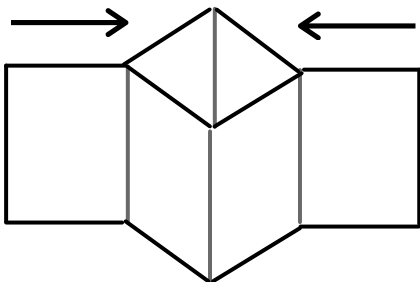
Step 3: cut along the centre fold shown by the bold line.



Step 4: Fold in half then push ends towards each other to open the middle.



Step 5: Continue pushing it together until it forms four pages



Step 6: Colour and write in your pages and fold together to form your story book.

