

LENT 2026

5/4
RESURRECTION SUNDAY
JESUS IS RISEN!
Watch the Encounter
Catholic Kids
'It's Easter' program
on YouTube



4/4
HOLY SATURDAY



3/4
GOOD FRIDAY
Choose a Holy
Week activity to
do.



2/4
HOLY THURSDAY



1/4
Have a day off
technology



31/3
Off-by-Heart Verse
PHILIPPIANS 4:13



30/3
WRITE THE NAMES OF 10
PEOPLE YOU'RE GRATEFUL
FOR, PRAY FOR THEM AND
PUT IT IN YOUR PRAYER
SPACE



29/3
PALM SUNDAY
Reflection Video



28/3
See what
Catholic Mission
DO and Donate
as well!



27/3
Off-by-Heart Verse
MATTHEW 6: 9-13



25/3
LENTEN MINUTE



24/3
Off-by-Heart
Verse
JOSHUA 1:9



15/3
FOURTH SUNDAY OF LENT



Reflection
Video

16/3
PROJECT COMPASSION
Read & Donate to
their emergency relief



17/3
ST PATRICK'S DAY
Eat or wear something
green today!



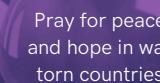
18/3
LENTEN
MINUTE



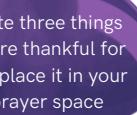
19/3
ST JOSEPH
Draw a picture of
the Holy family and
place in prayer space



20/3
Pray for peace
and hope in war
torn countries



21/3
Write three things
you're thankful for
and place it in your
prayer space



22/3
FIFTH SUNDAY OF LENT
Reflection
Video



Off-by-Heart
Verse
5/3
PHILIPPIANS 4:13



4/3
LENTEN MINUTE



3/3
Fast from your
favourite Food or
drink



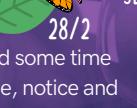
2/3
Tidy an inside
space without being
asked



1/3
SECOND SUNDAY OF LENT
Reflection
Video



28/2
Spend some time
outside, notice and
give thanks to God
for He is good



27/2
Do an act of
kindness to
someone you live
with



"MAY GOD GRANT US TO BE HUMBLE
PREPARERS OF HIS PRESENCE IN THIS
DAILY WALK, MAY SERENE TRUST GROW IN
US, ALLOWING US TO FACE EVERYTHING
WITH A FREE HEART, BECAUSE WHERE
LOVE HAS BEEN PREPARED, LIFE CAN
TRULY FLOURISH."

POPE LEO XIV

START

17/2
SHROVE TUESDAY
Make pancakes
& share them



18/2
ASH WEDNESDAY
Decide one thing to
give up for lent

25/2
LENTEN
MINUTE



26/2
Off-by-Heart Verse
EPHESIANS 4:32



Archdiocesan
MINISTRIES
INSPIRE · EMPOWER · ENCOUNTER

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