

Year A - 6th Sunday in Ordinary Time

Matthew 5:23-24

Handprints



Background

The Gospel today talks about making peace with others, and the psalm sings about how wonderful God's laws are. Sometimes people think that following God's rules won't make us happy but actually the opposite is true! God loves us SO MUCH and gives us rules to keep us safe, to help us have peaceful relationships and happy lives. If we follow God's rules, we are less likely to make others angry and have to apologise to them! We will be a person who makes peace with others.

As a child of God, I want to follow God's rules!

You will need

- A printout of the poster for each child (next page, there is a b&w version also)
- A medium of your choice for the children to make a handprint on the poster such as (depending on your context):
- pencils for them to trace their hand onto the poster.
- pencils, coloured paper and scissors for them to trace their hand, cut out and glue onto the page.
- paint to make a handprint.



Instructions

1. Together with the children read through the affirmations on the poster and discuss what our lives would be like if we were like this all the time.
All these things are things that God teaches us to be.
2. Invite the children to make their handprint (according to the media you have chosen) and place it on the poster.
3. Invite the children to hang their poster at home where they will see it each day.

I AM KIND
I AM BRAVE
I AM HELPFUL
I AM WISE
I AM PEACEFUL
I AM HOPEFUL
I AM NEVER ALONE
I CAN DO HARD THINGS
I AM TRUTHFUL
I AM THANKFUL
I AM LOVED
I AM A CHILD OF GOD

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