

# Year A - 5th Sunday in Ordinary Time

## Matthew 5:13-16

Shine Your Light Cup



### Background

In today's reading, Jesus encourages us to 'shine our light'. How can you and I do that in our everyday life? In this craft, the children draw some of the things they can do to shine their light on a clear plastic cup to create a small lantern.

### You will need

- A clear plastic cup for each child
- Sharpies or marking pens of various colours (these need to be suitable to drawing on plastic)
- battery operated tea light candles

### Instructions

1. Invite the children to decorate their cup by drawing things that they can do to shine their light / share God's love with others
2. When the children are finished, place the battery operated tea light candle into the cup to make the lantern shine.

