

Year A - Fifth Sunday of Lent

John 11:3-7, 11, 20-27, 31-45

Band-Aid Prayers



Background

During Lent, we pray especially for those who are 'bound up' in any way. Maybe they are sick or lonely, perhaps they are unsafe because of war or famine. In this time of prayer we will ask God to 'unbind' them.

You will need

- A packet of band aids
- Marking pens or sharpies
- Large cross or one cut out of cardboard
- Cloth (optional)

To prepare

- Invite the children to think of a person or group of people they know who need our prayer.
- Have the children write the name of this person or group on a bandaid.
- When all the children are ready, have them bring their bandaid to the prayer circle and place the cross in the centre.
- Make the Sign of the Cross together, then invite each child to say who they are praying for. Invite them to place their bandaid on the cross (you will want to have a small bin to collect the wrappers).
- If you like, after each child announces who they are praying for, the group might respond saying 'Jesus, please unbind them'.
- When every child has had their turn, finish by praying the Our Father together.
- Make the Sign of the Cross.

