

Year A - Third Sunday of Lent

John 4:5-15, 19-26, 39, 40-42

The living well



Background

- The woman came for ordinary water, but Jesus offered Living Water.
- Just like the bucket brings water up from the well, Jesus brings us life and joy that never runs out.

You will need

- Paper cup (to represent the well)
- Blue ribbon, yarn, or strips of paper (to represent water)
- Popsicle stick (to represent the bucket handle)
- Small paper circle or cup bottom (bucket)
- Markers or crayons
- Glue or tape

Instructions

- Give each child a paper cup. Let them colour or decorate the outside to look like stones or bricks.
- Cut out a small circle of paper or use the bottom of another cup. Attach it to a popsicle stick with tape or glue to make a “bucket.”
- Cut strips of blue paper or ribbon. Glue them inside the bucket so it looks like it's carrying water.
- Place the bucket inside the “well” (the cup). Kids can pull the bucket out and pretend to “draw water.”
- On the cup write the words: “Jesus gives us Living Water” on the outside.



Family Lenten Calendar

Download the Lent calendars for free and share these with the children and their families. You can find the most recent Lent calendar at: <https://archdiocesanministries.org.au/children-and-families/lent-for-kids/>

