

MODULE 3

BEING SACRAMENTAL

COURSE OVERVIEW

This module engages participants in a discussion as to what it means to live in the sacramental world. This will include investigating the broader concept of sacramentality, followed by an exploration of each of the seven sacraments of the Church as well as a presentation on signs and symbols in the liturgy. This module will also focus on the orientation of the participant in the sacraments, recognising that our relationship with God fundamentally impacts how we experience the sacraments. As such, participants will develop their ability to listen to the voice of God in and through the sacraments, recognising the grace received in each rite, and moving further toward full, active and conscious participation in the liturgy.

PRESENTED BY



**DCN. PETER
PELLICAAN PHD**

Executive Director
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**ARCHBISHOP
SHANE MACKINLAY**

Archbishop of Brisbane



**DR CLARE
SCHWANTES**

Director, Liturgy Brisbane



**ARCHBISHOP
EMERITUS MARK
COLERIDGE**

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Brisbane

The **Archdiocesan Centre for Catholic Formation** exists to facilitate a **deeper experience of God in the Catholic tradition**. It provides four core modules in Catholic Foundations as well as supplementary guest lectures, short courses, retreats and one-off events.

CATHOLIC FOUNDATIONS

MODULE THREE

Being Sacramental

WEEK 1

The Sacramental World

We talk about the sacraments, but what is sacramentality? How is the whole world a sign of divine grace and how are the seven sacraments different to other sacramental signs? Given that the term 'sacrament' is not found in the scriptures, where did it come from, how do we understand it today and how might we live sacramentally?

Thanks for your kindness and awesome spirit throughout the course.

CARL

It was enlightening and sometimes challenging, but certainly worthwhile. The material was thoughtfully and thoroughly put together and well presented.

JENNIFER

WEEK 2

Liturgy

The sacraments are experienced in the context of liturgy and our liturgies are loaded with meaning through word, sign, and symbol. What is the significance of sign and symbol in the sacraments and how might we move toward a more full, active, and conscious participation in the liturgy?

WEEK 3

Baptism

What is the significance of Baptism? How does baptism draw us into the life, death, and resurrection of Jesus? Why do we baptise infants and in other situations, adults? Why is baptism the first initiation rite? What does it mean to live out our baptismal calling?

I do just want to say thank you for all the richness your team has passed on from this module. I absolutely loved every session, so thank you again for creating something so accessible as this...

TAHNAYA

WHO'S IT FOR?

This course is designed with all baptised Catholics in mind, particularly:

- Those who want to grow deeper in their love for God and others
- Those preparing for the ministries of lector, acolyte and catechist
- Those who are parish staff or volunteers who do not have any formal theological qualifications
- Those who want to share their faith with others.



WEEK 4

Reconciliation

What is the Sacrament of Confession? Why must we see a priest to repent of our sins? What is the biblical foundation for this sacrament and how might it be one of the most life-giving spiritual experiences through a full, active and conscious participation?

WEEK 5

Holy Orders

In the Catholic tradition, once you're ordained, you can never be un-ordained. At best, you can be released from the obligations of your ordination. So, what is going on in ordination? What does it mean, how does it change the person being ordained, and what is its significance in the life of the Church?

WEEK 6

Marriage

Most other Christian traditions do not recognise marriage as a sacrament. So why do we? What is the meaning of holy matrimony in the Catholic tradition? What is the grace received in the sacrament? Why is it indissoluble, and what implications does that have for separation, divorce and remarriage?

WEEK 7

Confirmation

What is the meaning of the Sacrament of Confirmation? If the Holy Spirit is already given in baptism, what is received in Confirmation and how is this different? What is the purpose of this sacrament, and how might we live in its grace?

WEEK 8

Anointing

What is going on in the Sacrament of Anointing? Given our many lay hospital chaplains, why must someone be ordained a priest to give this anointing? How is this sacrament related to reconciliation and do people really experience healing?

WEEK 9

Eucharist

Whilst all Christian traditions have forms of the Lord's Supper, the Catholic Church has a distinct view of its meaning and importance. What is the biblical foundation for the Catholic perspective, and why is this sacrament the source and summit of the Christian life?



MONDAYS | 7-9PM

HANLY ROOM, FRANCIS RUSH CENTRE,
ST STEPHEN'S CATHEDRAL PRECINCT

WEEK 1

MON 2 FEBRUARY

The Sacramental
World

WEEK 2

MON 9 FEBRUARY

Liturgy

WEEK 3

MON 16 FEBRUARY

Baptism

WEEK 4

MON 23 FEBRUARY

Reconciliation

WEEK 5

MON 2 MARCH

Holy Orders

WEEK 6

MON 9 MARCH

Marriage

WEEK 7

MON 16 MARCH

Confirmation

WEEK 8

MON 23 MARCH

Anointing

WEEK 9

MON 30 MARCH

Eucharist



SCAN FOR MORE
INFORMATION AND
TO REGISTER BY
JANUARY 29, 2026

COST: \$250 per person or \$150 per person for groups of 5 or more.

Regional hubs available.