

CELEBRATING ALL SAINTS

ST BERNADETTE SOUBIROUS

St Bernadette was a kind and simple girl who lived in a small town in France called Lourdes. When she was 14 years old, she saw a beautiful lady in a cave near her home. The lady was Mary, the mother of Jesus! Mary appeared to Bernadette 18 times and asked her to pray and tell others to come to the cave and asked for a chapel to be built there.

Even though some people didn't believe her at first, Bernadette stayed brave and told the truth. Because of her, many people started visiting Lourdes to pray and feel close to God. Later, Bernadette became a nun and spent her life helping others. She died when she was 35 and was made a saint because of her strong faith and love.



PRAYER SPACE

It's good to have places to visit that make us feel close to God. These can be places we share with others or places we create just for ourselves.

This activity is all about inviting the children to make their own prayer space at home so they can spend time with God whenever they want to!

These ideas are just to get you started! Use your own ideas to make it even more special!

YOU WILL NEED:

- something to put your prayer things on or in (e.g. small table, a box, a basket)
- various items (see list on next page)

INSTRUCTIONS:

- Have the children gather the things they want to place in their prayer space.
- Encourage them to spend some time there with Jesus.

PRAYER SPACE

Make a prayer place for you and Jesus to spend time together. It could be in your bedroom or somewhere in your garden, or anywhere! If it's hard to find a place in your house where you can leave things set up, you could make a special prayer box filled with things. Then you can set up anywhere! You can make your prayer space or prayer box special with things like:

- a candle (a battery one is fine)
- nice cloths
- a cross
- your bible
- a plant, flowers something from nature
- words from the bible that you love
- things you find in the garden
- pictures of people who inspire you
- a journal, paper or stocky notes to write or draw you prayers in
- special pens and pencils or watercolour paint
- colouring in pages about Jesus and stories from the bible



PRAYER, SCRIPTURE AND QUOTE SUGGESTIONS

"Hail Hail Mary full of Grace,
the Lord is with you.
Blessed are you among women,
and blessed is the fruit
of your womb Jesus.
Holy Mary, Mother of God,
pray for us sinners now
and at the hour of death.
Amen"

"Jesus, I trust in You.
Mary, I am yours.
St. Bernadette, pray for me."

"St. Bernadette, teach me to love
Jesus with a pure and simple
heart, and to follow Him with joy,
no matter the cost."

"I am the servant of the Lord. Let it be done
to me according to your word." Luke 1:28

"My soul magnifies the Lord, and my spirit
rejoices in God my Saviour." Luke 1:46-47

"Do whatever He tells you." John 2:5

"Mary kept all these things in her heart."
Luke 2:19

"I shall spend every moment loving."
St Bernadette

