

MY STORY

ST THERESE OF LISIEUX



Hi, I'm Therese of Lisieux and I'm a living saint. I go by many names, St Therese of the Child Jesus or of the Little Flower. I said this, "You know well enough that Our Lord does not look so much at the greatness of our actions, nor even at their difficulty, but at the love with which we do them." When we do little things with great love, God is always with us.

I was born in 1873, in Alencon, France. From the time I was 3 years old I knew I wanted to become a nun so when I was 10, I begged to join the convent but was told to wait. I waited until I was 14 and asked again.

The answer was still no so I went to the Pope and asked him, and he said yes. So, at age 15 I entered the Carmelite Monastery in Lisieux.

People know me for my little way. I saw myself as a little flower in God's wonderful garden. When we do small things with great care and love, we are doing exactly what God asks of us. This idea also allows us to not rush through our lives and to focus on being more present to the moment and to others around us. One of the ways in which I practiced this was through prayer beads. I would always make sure I had my string of beads on me and every time I said a prayer I would move a bead along the string and begin to count my prayers to God.

You can be a saint too! Take the time to count your prayers to God and remember that every time you do a little thing done with great love you are serving God.