

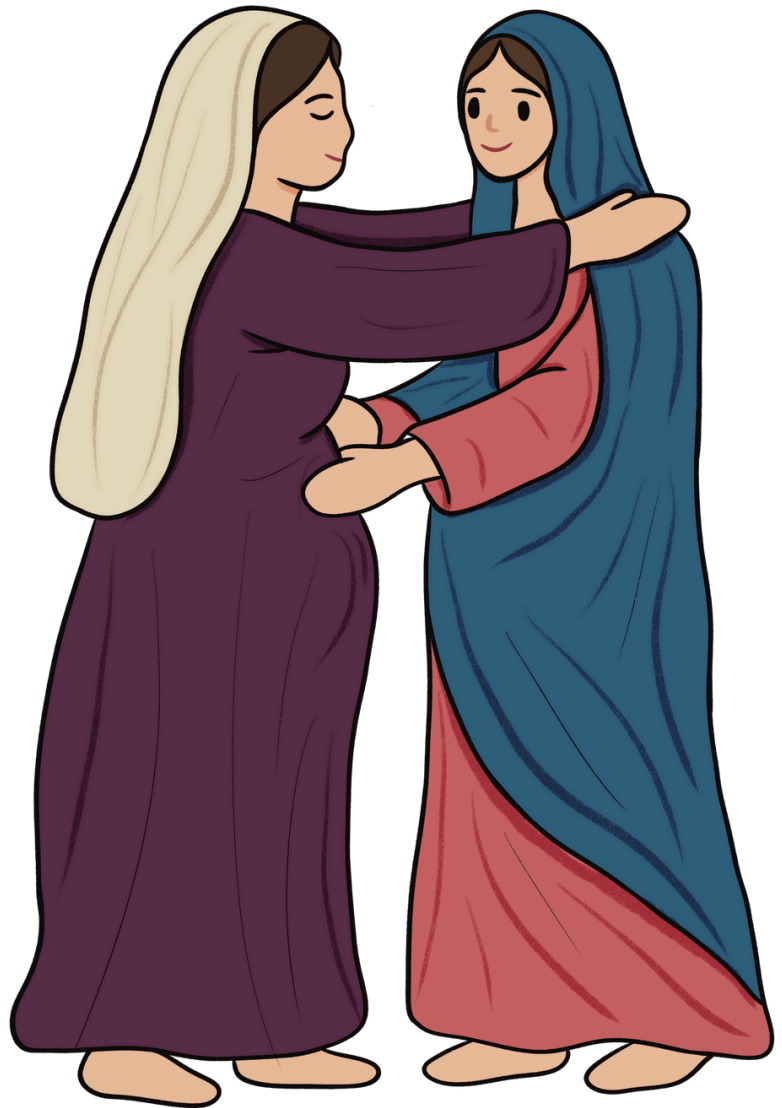
# Year C - Fourth Sunday of Advent

## Luke 1:39-45

*Why should I be honoured with a visit from the mother of my Lord?*



Mary set out and went with haste to a Judean town in the hill country, where she entered the house of Zechariah and greeted Elizabeth. When Elizabeth heard Mary's greeting, the child leaped in her womb. And Elizabeth was filled with the Holy Spirit and exclaimed with a loud cry, "Blessed are you among women, and blessed is the fruit of your womb. And why has this happened to me, that the mother of my Lord comes to me? For as soon as I heard the sound of your greeting the child in my womb leaped for joy. And blessed is she who believed that there would be a fulfilment of what was spoken to her by the Lord."



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# Year C - Fourth Sunday of Advent

## Luke 1:39-45

Be happy for your friends!



### Introduction

- Today's gospel tells us about the time Mary visited her cousin Elizabeth and how happy Elizabeth was to see her and the child Jesus she was carrying in her womb.

### Message

- Mary and Elizabeth were great friends, and Elizabeth was so happy that Mary had been chosen to be a mother to the Son of God.
- Elizabeth wasn't hurt or angry that she wasn't chosen. She was happy for her friend.
- Sometimes when our friends are chosen for something, or when they are given something and we aren't we might wonder "**Why not me?**"
- But instead of thinking about ourselves, we can think of the other person. Instead of being disappointed, we can choose to be happy for them.
- We might notice that this Christmas, friends or family might get gifts or do special things these holidays. We don't have to be sad about missing out, like Elizabeth, we can be happy for ourselves and in that happiness we can find peace.
- Mary was chosen for a special role, to be Jesus' mother. But we have all been chosen for something special. We have all been chosen to be a friend to Jesus. It's up to us, whether we say yes to Jesus.



### Discussion questions

- Has there been a time when you noticed someone was chosen for something and you weren't? How did that make you feel?
- How do you think the other person felt for being chosen?
- If we get sad and sulk, how does that affect the other person?
- What can we do to show them we are happy.