

Year C - 27th Sunday in Ordinary Time

Luke 17:5-10

Reflection Time



Overview

This prayer follows on from the Message and the work of Brother Lawrence who was a Carmelite brother who taught people about how to make their work a prayer to God and a gift of love for others. He reminded people that God is with them ALL THE TIME and that they could practice feeling God close to them no matter what they were doing.



Praying in colour

Begin by taking a blank poster or butchers paper and writing 'God is with us' in the centre. Then have the children think of all the different things they do in the day, their work, play, school etc. Write these around the poster.

Then light a candle and place it in a central position where all the children can see it. Invite them to calm their minds and bodies. Invite them to be silent but to read the words written on the poster over and over: God is with me when I brush my teeth; God is with me when I feed my dog etc.

Use your judgement regarding how long the children do this for. Then finish by saying a simple prayer saying thank you to God for always being with us, and asking for God's help to remember his presence.