

Year C - The Most Holy Trinity

John 16:12-15

Whatever the Father has is mine. The Spirit will receive what I give and tell you about it.



I have much more to say to you, but right now it would be more than you could understand. The Spirit shows what is true and will come and guide you into the full truth.

The Spirit doesn't speak on his own. He will tell you only what he has heard from me, and he will let you know what is going to happen.

The Spirit will bring glory to me by taking my message and telling it to you. Everything the Father has is mine. This is why I have said that the Spirit takes my message and tells it to you.



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The Father and the Son and the Spirit are ONE.



- Introduction**
- Today is the Solemnity of The Most Holy Trinity. It is the feast when we celebrate the mystery of the Trinity - God the Father, God the Son and God the Holy Spirit - One God, three persons.
 - There are some difficult concepts in this message (even for adults) so it may be helpful to use a Triquetra symbol to describe the mystery of the Trinity - this image can be printed from the next page.
- Message**
- Read the scripture and ask the children who Jesus mentions in the text.
 - Read it again, helping them identify the three persons of the Trinity: Jesus, the Spirit, and the Father. Write each name on the Triquetra symbol on the next page.
 - Highlight the three corners of the Triquetra, tracing around it to emphasize that it's one shape with three parts.
- Key points**
- God is three in one: Jesus (God made man), the Father, and the Holy Spirit, all equally God.
 - God is a community of love. Through baptism, we're invited into this divine communion.



