

Year C - The Most Holy Trinity

John 16:12-15

Images of the Trinity



Below are a number of activities that illustrate the mystery of the Holy Trinity that you may choose from to help children enter more deeply into this mystery... Three in One! You may wish to present these using the actual items themselves or use the image cards provided.

Egg

- Crack open an egg (boiled or raw) to show the three parts of an egg: the yolk, the white and the shell. The parts - one egg.



Apple

- Slice an apple in half to show the three parts of an apple: the seeds/core, the flesh and the skin. The parts - one apple.



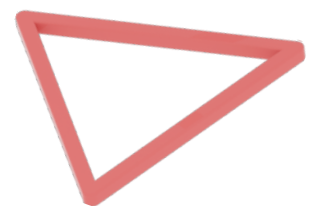
H₂O

- Water can have three states of matter and may come in three different forms: liquid, solid and gas. Three forms - one element



Triangle

- A triangle has three sides but is one shape. This illustration can be made using three different coloured craft sticks glued at the corners to form a triangle.



Clover

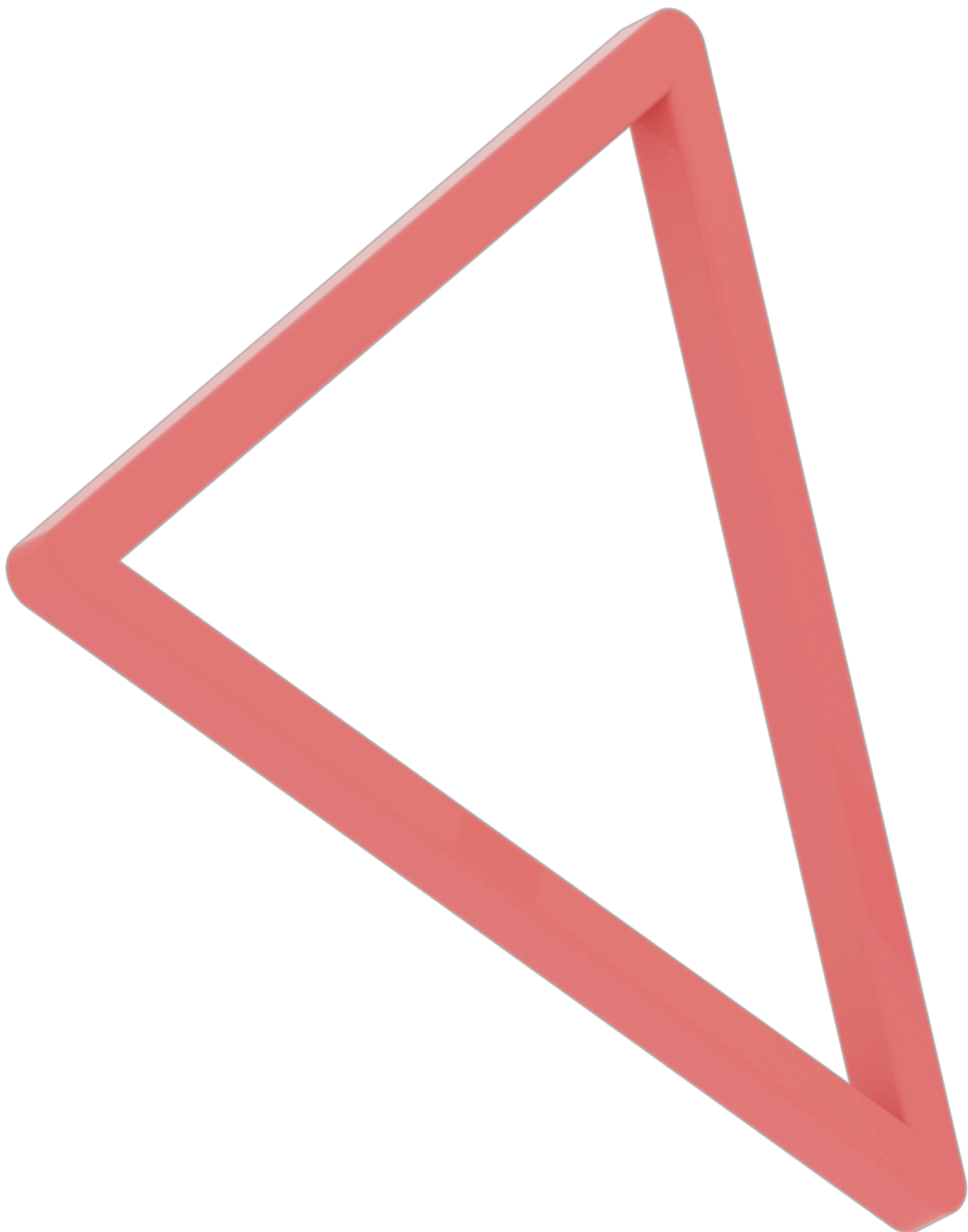
- A clover (or shamrock) has three petals but is one leaf. It is said that St Patrick used the shamrock to teach others about the Holy Trinity.













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Glory Be



- The Glory be is a wonderful prayer that is simple for children to learn, yet it is a powerful reminder of our eternal God who is three in one, beyond time and space. God is truly omnipotent!
- Use these actions or make up your own with the children, then pray this prayer together.

Glory Be to the Father

Raise you arms high

and to the Son

Make a cross with your arms

and to the Holy Spirit

Make a 'flame' with your hands

As it was in the beginning

Point both hands to the left

is now and ever shall be
world without end

Leave your left hand pointing to the left and move your right pointing hand over your head so that it is pointing to the right

Amen

Make your hands into a prayer