

# Year C - Pentecost

## John 20:19-23

*Come Holy Spirit prayers*



Here's a few ideas of how you can pray with children to the Holy Spirit.

### 'Come Holy Spirit' Prayer

Come Holy Spirit

Get the children to find a space by themselves, lie back and lead them in taking deep breaths in and out. Once they are still and peaceful, say to the children "Come Holy Spirit" and ask the children to repeat that to themselves. As they do ask them to listen to what the Spirit may be saying to you, and to listen not with their ears but with their heart.

Repeat "Come Holy Spirit" a few times and give the children a bit of time in this peaceful place.

Come Holy Spirit

When enough time has passed gently get the kids to sit up, open their eyes and stretch. Ask the children about how they felt during the prayer.

### Gifts of the Holy Spirit



Following a discussion about the gifts of the Spirit ask the children to think about what they want to ask the Holy Spirit for more of in their life.

Create a prayer space with a focus on the Holy Spirit, and hand cards cut of flames to each child along with a pen. Get the children to write down the gift of the Spirit they would like more of in their life, and to write it down on the card. They can write down one or more, or even all the gifts if they want to.

Gather the children around the prayer space and invite them to, when they are ready, to place the card in the space and ask the Holy Spirit for that gift. When all the children have done this lead them in a closing prayer.

# Year C - Pentecost

## John 20:19-23

*Come Holy Spirit prayers*



Here's a few more ideas of how you can pray with children to the Holy Spirit.

### From the Saints



St Augustine wrote a beautiful prayer to the Holy Spirit long, long ago.

On the next page you will find an adaptation of this prayer especially for kids on printable prayer cards.

If you want to, have the children help make up some actions to go with this prayer. Alternatively, you could learn the actions on this version of the Prayer to the Holy Spirit on our YouTube channel by following the link provided.



St Augustine's prayer to the Holy Spirit adapted for kids...

<https://www.youtube.com/watch?v=aZedKpqaOo8>



### Litany to the Holy Spirit video



You might also like to prayer this Litany to the Holy Spirit video from our YouTube channel by following the link provided....

<https://www.youtube.com/watch?v=Ps6kTFx8Q5U>