

Year C - Second Sunday of Easter

John 20:19-29

Hands of Christ



For this prayer, you will need a stamp, finger paint or some lightly scented oil. As well as materials for creating a prayerful space ie cross, bible, candles etc.

Background:

- Jesus's hands did great things, he held people, he healed them and they bore the scars of the cross, all of which were great acts of love for us.
- Create a prayerful atmosphere and gather the children in a circle. Talk to them about the Gods love for each of them and remind them of key points from the message and the activities.
- Even though we can't see Jesus like Thomas and the other disciples did, we see him in other ways. And we don't need to see him or touch him to know that he is always with us.

Prayer:

- Then share this reading, taken from the book of Isaiah;

Our God, has chosen you.
And this is what he says, "I will never forget you, see I have written your names on the palms of my hand."

- Once you have read this, ask the children to put their hands out palms facing up.
- Then go around to each child and trace in the oil/finger paint the shape of a heart or a cross (or use a stamp if you prefer). As you trace the shape on the palm say to them,
- "(Their name), God has chosen you and he loves you."
- Then finish with a final prayer together.

