## Year C - 16th Sunday in Ordinary Time Luke 10:38-42

First things first jars



## You will need:

- A clear/glass jar large enough for children to see it
- Items of different sizes that will fit in the jar eg pebbles, golf balls, bouncy balls, lollies.

Explain to the children that each item represents different things in our life. The larger things are the important things like family, friends, education etc the smaller things are things that fill our life but aren't as important like clubs and hobbies the smallest things are things that we might enjoy but they aren't important, like watching TV or playing video games.



Explain that it's important that we put first things first. If we were to do the things that aren't important like watching TV or other hobbies (place these small items in the jar) then when it comes to the important things to do in life there isn't room for it (try to fill the jar with the bigger items - they won't all fit).

Empty the jar or begin again with a new one.

If we put the important things first, (place the bigger items in the jar) then we have room, the space and the energy to do the other things too (Lett the small items fill the rest of the jar)