



This activity encourages the children to think about how they can help others.

You will need:

- A4 card (one per child)
- Markers, pens and pencils
- Scissors
- Hole punch
- String



Instructions:

1. Have each child fold with piece of card in half.
2. Have them then trace the outline of the right hand on the right half of the paper and the left hand on the left side of the paper. (They may need to assist each other with this).
3. Then have the cut out their paper hands.
4. Place the hands together and punch a hole near the wrist. Secure with string.
5. On the outside of the hands have the children write the words 'helping hands' then on the inside, invite the children to write the name of people who they could help as well as things they might do to be helpful to others,

